

To better support students, families, and staff, our professional mental health clinicians implement strategic interventions according to each tier targeting both academic and behavior systems.



## Tier 1- School-Wide Preventative Support:

- Student and family psychoeducational workshops
- Staff consultations and professional development to increase capacity around social-emotional issues.
- Collaboration with Behavioral Health Teams (BHT) or assistance developing a BHT.
- Care Team Coordination
- Creation of Streamlined Referral Process
- Community-building amongst staff- reducing burnout and compassion fatigue.

## Tier 2- Targeted High-Quality Interventions:

- Group Therapy
- Classroom clinical observations
- Teacher/Staff Consultation and Development of Action Plans
- Check-In, Check-Out system
- Conflict Resolution

## Tier 3- Intensive Individual Interventions:

- Individual Therapy
- Family Therapy
- Home visits
- Case management
- Crisis management
- Individual clinical observations